

Teledoc/Telehealth

Speak to a doctor anytime.

Cigna Envoy



- 1 Log in to your Envoy app
- 2 On the homepage, click on “Talk to a doctor 24/7”
- 3 Select “Request a consultation”
- 4 View and accept Terms and Condition & Data Privacy Notice
- 5 Select the person you are booking a consultation for
- 6 Pick your location
- 7 Select if you would prefer a phone call or a video call
- 8 Select Language
- 9 Provide your requested callback information
- 10 A telehealth provider will call you back.



SmartCare

- 1 Log in to the Cigna SmartCare app.
- 2 On the home dashboard, select “Get Care” or “Telehealth.”
- 3 Choose a virtual consult option (video or phone).
- 4 Select a time slot and confirm your appointment.

Schedule a telehealth session in minutes.

